

## 7 days Full Fasting Detox Program

14,006 Baht.

The Full fasting detox retreat program for the most effective cleansing. The ultimate cleansing & rejuvenation of your entire system for The Spa 's first timers!

### DETAILS

The Full fasting detox program for the most effective cleansing. The ultimate cleansing & rejuvenation of your entire system for The Spa 's first timers!. Or for people who need to have their body and mind cleaned up as least once a year. To finish the 7 days fasting detox program ,minimum 8 nights stay is recommended.

14,006 baht/person

What's included in the program: (No accommodation included)

- video programs on cleansing & nutrition
- daily meditation 08.00-08.30 am subject to Instructor availability
- intestinal cleansers & herbal nutrition tablets taken 5 times per day (30 tablets)
- 5 specially prepared Detox drinks daily
- 1 flora grow capsule daily
- twice daily colon cleansing using our colema board□ enema system (self-administration)
- your own personal colema tip + lubricating gel
- a special replacement lactobacteria/acidophilus implant enema to break the fast
- 2 flora grow lactobacteria/acidophilus drinks also to assist breaking the fast
- some natural herbal laxative tea (only take if needed 2nd Day after the fast)

- filtered water for drinking, electrolyte water for electrolyte replacement, alkaline water for increasing body pH before and during the fast
- a complimentary steam bath on arrival or to take whenever you wish.

The first time 7 days clean me out fasting cost 14,006.- Baht (Program only. No supportive activities and accommodation included)

\*Please note: The program is 2,335.- baht per day if you do less than 7 days. Prices are inclusive of 10% service charge and 7% Tax

The second time fast or repeat fast cost 1,706 baht/day (Program only. No supportive activities included)

The repeat of Clean-Me-Out program 3-7 days or more!

This program is for those who have done the clean-me-out program before with us for 7 days. You are expected to know exactly what you are doing!!!

- intestinal cleansers & herbal nutrition tablets taken 5 times per day
- 5 specially prepared Detox drinks daily
- 1 flora grow capsule daily
- twice daily colon cleansing using our colema board enema system 1,450++ (1706 net) Baht/day